

Complementary Spinal Assessment and Chiropractic Consultation with Greencliff Chiropractic Clinic.

Want to check through your spinal health? Why not visit the Greencliff Chiropractic marquee for your complementary spinal assessment and free consultation. We will also be providing a foam rolling area to foam roll your aches and pains away whilst you are waiting post run.

Free taster treatments on the day will include:

- Spinal assessment
- Chiropractic consultation – got any questions? Please feel free to ask.
- Massage

10% discount off your next treatment!

We would like to help keep you active. If you would like to make a follow up treatment at the clinic there will also be a 10% discount on your next treatment to help keep you running!

What to expect during your assessment.

To make sure that there are no underlying issues and to get a clear picture of your overall health we ask that you fill out a new patient form to help outline any medical concerns you may have and let us know which treatment modality you would like to try. Alternatively, we can discuss what treatment modality or plan might be best for you at the time.

About Greencliff Chiropractic Clinic

Greencliff Chiropractic clinic is located in St Martin and is one of Jersey's longest established clinics. We strive to provide our patients with a warm and personalised service, catering to their individual needs.

Greencliff Chiropractic Clinic was founded in 1995 by Olivia Jackson, who to this date is the predominant practitioner. Olivia uses a wide range of chiropractic adjusting techniques depending on the patient's needs and preferences, from a very gentle adjustment to manual techniques.

We treat patients of all ages from babies to the elderly and will work closely with each individual to manage their requirements, whether that be to relieve pain or improve general health and wellbeing. Whatever your needs may be, our friendly staff are there to help and assist you.

What is a Chiropractic Adjustment?

"A chiropractic adjustment, also known as chiropractic manipulation, manual manipulation, or spinal manipulation, is a common therapeutic treatment for joint pain. A chiropractic adjustment refers to a chiropractor applying manipulation to the vertebrae that have abnormal movement patterns or fail to function normally. The objective of this chiropractic treatment is to reduce the instability, with the goals of increasing the range of motion, reducing nerve irritability and improving function."

Olivia Jackson D.C. member of the BCA & GCC

Olivia is recognized by most of the major insurance companies. She qualified at the AECC Bournemouth, and following this worked at a practice in Shropshire for 6 years before returning to Jersey. Over the years she has gained an enormous wealth of experience and enjoys a varied and fulfilling practice. Her passion and enthusiasm for Chiropractic Care has never waned. Olivia has a calm, methodical and thoughtful approach, and always makes it her priority to put her patients at ease.

What we treat:

- Sports injuries
- Scoliosis
- Sciatica
- Pregnancy
- Children
- Neck pain
- Lower back pain
- Disc problems
- Whiplash
- Headaches

Got any questions?

Please feel free to pop in our marquee to ask or call the clinic on 852039 we would be happy to help.

For further information please visit www.greencliffchiro.com

Olivia Jackson D.C. member of the BCA & GCC